Cross-Cultural Care in Mental Health and Depression

Audience: Psychiatrists, Psychologists, Psychiatric Nurses, Staff Clinicians, and Social Workers
Accreditation: 1 CME, CEU, CCM or Social Work CE Contact Hour

About This Course

Research shows that social and cultural factors affect people's presentation of mental health conditions, and can significantly influence their perspectives about treatment and care management.

This interactive course helps mental health care professionals develop a skill set that is critical to ensuring quality interactions with diverse individuals across all stages of care, including diagnosis, treatment, and ongoing management of individuals with mental health conditions, especially depression.

Learning Outcomes

• Identify how depression impacts the health of diverse populations

• Describe the key social, cultural, and external factors that are particularly important in the care of diverse populations and racial and ethnic minorities with depression.

• Apply a framework to better understand and manage mental health conditions, especially depression, across cultures.